

# Randolph Girls Spring Track

## 2006 Relay Top Marks

### Girls Open 4x100m Relay

1	51.30	F	A Relay	5/5/2006	Morris County Relay Championships
	Laura Going (12)		Justine Ameye (10)		Sara Gabet (11)
	12.70		13.40		Briana Feldhaus (9)
			13.00		
2	52.70	F	A Relay	4/29/2006	Randolph Relays
	Laura Going (12)		Justine Ameye (10)		Joelle Gabet (11)
	13.30		13.30		Briana Feldhaus (9)
			13.20		
3	53.10	F	A Relay	4/15/2006	Morris Hills Relays
	Laura Going (12)		Justine Ameye (10)		Sara Gabet (11)
	13.60		13.80		Briana Feldhaus (9)
			13.20		
4	55.70	F	B Relay	4/29/2006	Randolph Relays
	Shannon Fiscus (10)		Kimberly Adler (12)		Julianne Kovary (10)
	13.90		13.80		Kim Logoyda (9)
			13.70		
5	1:01.30	F	C Relay	4/29/2006	Randolph Relays
	Fabby Marrufo (9)		Jennifer Lynch (12)		Jessica Tkacs (9)
	13.90		14.30		Ariel Zolla (10)
			16.00		
			17.10		

### Girls Open 4x200m Relay

1	1:50.00	F	A Relay	5/22/2006	East Coast Relays
	Briana Feldhaus (9)		Joelle Gabet (11)		Sara Gabet (11)
	28.40		29.50		Laura Going (12)
			26.40		
			25.90		
2	1:51.10	F	A Relay	4/29/2006	Randolph Relays
	Laura Going (12)		Joelle Gabet (11)		Shannon Fiscus (10)
	27.20		27.10		Briana Feldhaus (9)
			29.50		
			27.30		
2	1:51.10	F	A Relay	5/5/2006	Morris County Relay Championships
	Sara Gabet (11)		Shannon Fiscus (10)		Joelle Gabet (11)
	28.60		27.10		Briana Feldhaus (9)
			28.00		
			27.40		
4	1:53.00	F	A Relay	4/15/2006	Morris Hills Relays
	Justine Ameye (10)		Shannon Fiscus (10)		Joelle Gabet (11)
	28.40		29.90		Briana Feldhaus (9)
			27.30		
			27.40		
5	2:12.10	F	B Relay	4/29/2006	Randolph Relays
	Lisa Rimarenko (11)		Ariel Zolla (10)		Fabby Marrufo (9)
	31.50		35.20		Jessica Tkacs (9)
			32.50		
			32.90		

### Girls Open 4x400m Relay

1	4:06.40	F	A Relay	5/9/2006	Iron Hills Conference Championships
	Laura Going (12)		Sarah Green (10)		Joelle Gabet (11)
	1:00.70		1:03.30		Kimberly Standridge (11)
			1:03.00		
			59.40		
2	4:08.00	F	A Relay	5/26/2006	State Sectionals
	Laura Going (12)		Sara Gabet (11)		Joelle Gabet (11)
	1:00.60		1:03.50		Kimberly Standridge (11)
			1:03.50		
			1:00.40		
3	4:08.40	F	A Relay	5/5/2006	Morris County Relay Championships
	Laura Going (12)		Sara Gabet (11)		Joelle Gabet (11)
	1:00.00		1:04.30		Kimberly Standridge (11)
			1:04.40		
			59.70		
4	4:08.60	F	A Relay	5/16/2006	Morris County Championships
	Laura Going (12)		Joelle Gabet (11)		Sara Gabet (11)
	1:00.10		1:05.40		Kimberly Standridge (11)
			1:04.00		
			59.10		
5	4:08.80	F	A Relay	6/2/2006	State Group 4 Championships
	Laura Going (12)		Sara Gabet (11)		Joelle Gabet (11)
	1:00.00		1:05.10		Kimberly Standridge (11)
			1:03.50		
			1:00.20		
6	4:10.10	F	A Relay	4/15/2006	Morris Hills Relays
	Laura Going (12)		Joelle Gabet (11)		Sara Gabet (11)
	1:00.90		1:05.10		Kimberly Standridge (11)
			1:03.20		
			1:00.90		
7	4:15.30	F	A Relay	4/29/2006	Randolph Relays
	Laura Going (12)		Joelle Gabet (11)		Justine Ameye (10)
	1:02.50		1:05.50		Kimberly Standridge (11)
			1:06.40		
			1:00.90		
8	4:20.60	F	A Relay	4/25/2006	Livingston-Roxbury Tri Meet
	Justine Ameye (10)		Joelle Gabet (11)		Sara Gabet (11)
	1:06.50		1:05.20		Shannon Fiscus (10)
			1:04.00		
			1:04.90		
9	4:24.90	F	A Relay	4/11/2006	Morristown-Morris Knolls Tri Meet
	Sara Gabet (11)		Joelle Gabet (11)		Justine Ameye (10)
	1:03.90		1:04.80		Kimberly Standridge (11)
			1:07.10		
			1:09.10		
10	4:25.10	F	A Relay	5/1/2006	Mount Olive-East Orange Tri Meet
	Justine Ameye (10)		Gia Modestino (11)		Julianne Kovary (10)
					Joelle Gabet (11)

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11	4:26.60	1:06.20	1:08.40	1:06.00	1:04.50	5/20/2006	Frosh-Soph Championships
			F B Relay				
		Shannon Fiscus (10)		Stephanie Frost (10)		Julianne Kovary (10)	Samantha Thomas (10)
		1:05.00	1:06.90	1:07.80	1:06.90		
12	4:30.10		F A Relay			4/18/2006	Columbia-West Morris Tri Meet
		Joelle Gabet (11)		Julianne Kovary (10)			
		1:05.80	1:09.20	1:09.10	1:06.00	4/29/2006	Randolph Relays
13	4:36.80		F B Relay				
		Jaclyn Saltzman (10)		Samantha Thomas (10)		Julianne Kovary (10)	Briana Feldhaus (9)
		1:11.40	1:08.20	1:08.40	1:08.80		
14	4:43.70		F B Relay			4/11/2006	Morristown-Morris Knolls Tri Meet
		Stephanie Frost (10)		Sarah Ritter (9)		Jennifer Lynch (12)	Lauren Guerrini (10)
		1:09.90	1:12.10	1:11.10	1:10.60		
15	5:09.40		F A Relay			5/20/2006	Frosh-Soph Championships
		Sarah Green (10)		Ariel Zolla (10)		Lauren Kusik (10)	Jaclyn Saltzman (10)
		1:27.50	1:21.50	1:08.20	1:12.20		

### Girls Open 4x800m Relay

1	10:36.50		F A Relay			5/5/2006	Morris County Relay Championships
		Gia Modestino (11)		Stephanie Frost (10)		Lauren Kusik (10)	Samantha Thomas (10)
		2:35.40	2:41.50	2:37.30	2:42.30		
2	10:43.00		F A Relay			4/29/2006	Randolph Relays
		Samantha Thomas (10)		Jennifer Lynch (12)			
		2:37.90	2:46.00	2:40.80	2:38.30	4/15/2006	Morris Hills Relays
3	10:59.40		F A Relay				
		Gia Modestino (11)		Sarah Ritter (9)		Samantha Thomas (10)	Jennifer Lynch (12)
		2:37.40	2:45.40	2:52.90	2:43.70		

### Girls Open 1600m Sprint Medley Relay

1	4:11.60		F A Relay			5/5/2006	Morris County Relay Championships
		Joelle Gabet (11)		Justine Ameye (10)		Laura Going (12)	Kimberly Standridge (11)
		27.30	28.90	59.60	2:15.80		
2	4:12.80		F A Relay			5/22/2006	East Coast Relays
		Briana Feldhaus (9)		Sara Gabet (11)		Laura Going (12)	Kimberly Standridge (11)
		26.80	27.40	59.60	2:19.00		
3	4:21.50		F A Relay			4/15/2006	Morris Hills Relays
		Shannon Fiscus (10)		Sara Gabet (11)		Laura Going (12)	Kimberly Standridge (11)
		29.60	27.00	1:00.40	2:24.50		

### Girls Open 4000m Distance Medley Relay

1	13:09.00		F A Relay			4/29/2006	Randolph Relays
		Lauren Kusik (10)		Gia Modestino (11)		Stephanie Frost (10)	Kimberly Standridge (11)
		4:11.00	1:06.60	2:36.00	5:15.40		
2	13:43.20		F A Relay			5/5/2006	Morris County Relay Championships
		Stephanie Frost (10)		Samantha Thomas (10)		Lauren Kusik (10)	Gia Modestino (11)
		4:18.00	1:06.10	2:35.20	5:43.90		
3	13:57.40		F A Relay			4/15/2006	Morris Hills Relays
		Stephanie Frost (10)		Julianne Kovary (10)		Lauren Guerrini (10)	Lauren Kusik (10)
		4:16.30	1:05.90	2:38.80	5:56.40		

### Girls Open 4x101m Shuttle Hurdle Relay

1	1:08.00		F A Relay			5/22/2006	East Coast Relays
		Justine Ameye (10)		Sharon Lee (12)		Julianne Kovary (10)	Briana Feldhaus (9)
		16.70	17.90	17.20	16.20		
2	1:08.10		F A Relay			5/5/2006	Morris County Relay Championships
		Justine Ameye (10)		Sharon Lee (12)		Julianne Kovary (10)	Briana Feldhaus (9)
		17.10	17.50	16.70	16.80		
3	1:11.30		F A Relay			4/15/2006	Morris Hills Relays
		Justine Ameye (10)		Lisa Rimarenko (11)		Julianne Kovary (10)	Briana Feldhaus (9)
		17.20	19.50	17.20	17.40		
4	1:11.50		F A Relay			4/29/2006	Randolph Relays
		Justine Ameye (10)		Lisa Rimarenko (11)		Julianne Kovary (10)	Briana Feldhaus (9)
		17.50	19.00	17.80	17.20		