

RANDOLPH GIRLS SPRING TRACK30-Mar-96

1995 TOP MARKS

Mark	R	Wind/Conv	Athlete/Relay	Meet	Date
#1 100 Meter Dash Girls					
13.10	F		Waters, Lauren	Orange Dual M	05/09/95
13.30	F		Quaintance, Samaria	Weequahic Dual Mee	04/06/95
13.40	F		Andrei, Dani	Mount St. Dominic	04/18/95
13.50	F		Smorra, Janice	Livingston Dual Me	04/25/95
13.60	F		Friedman, Laura	Weequahic Dual Mee	04/06/95
13.90	F		Miller, Lisa	Livingston Dual Me	04/25/95
14.10	F		Vignoli, Cheryl	Morris Knolls-Roxb	04/20/95
14.10	F		Dejesus, Janice	Morris Knolls-Roxb	04/20/95
14.20	F		Howes, Lauren	Livingston Dual Me	04/25/95
14.20	F		Kachelriess, Kate	Columbia Dual Meet	05/02/95
14.40	F		Labriola, Lisa	Phillipsburg Dual	03/25/95
14.40	F		Rodriguez, Nicole	Columbia Dual Meet	05/02/95
14.70	F		Gidich, Kathy	East Orange Dual M	05/09/95
14.90	F		Whitman, Amy	Columbia Dual Meet	05/02/95
15.00	F		Kolibaba, Diana	East Orange Dual M	05/09/95
#2 200 Meter Dash Girls					
27.60	F		Friedman, Laura	Livingston Dual Me	04/25/95
27.60	F		Waters, Lauren	State Sectional Ch	05/27/95
27.80	F		Andrei, Dani	East Orange Dual M	05/09/95
28.20	F		Smorra, Janice	Livingston Dual Me	04/25/95
28.60	F		Quaintance, Samaria	Weequahic Dual Mee	04/06/95
29.30	F		Howes, Lauren	Livingston Dual Me	04/25/95
29.80	F		Miller, Lisa	Livingston Dual Me	04/25/95
29.80	F		Fernandez, Carolina	Columbia Dual Meet	05/02/95
30.10	F		Dejesus, Janice	Columbia Dual Meet	05/02/95
30.20	F		Vignoli, Cheryl	Morris Knolls-Roxb	04/20/95
31.10	F		Kachelriess, Kate	East Orange Dual M	05/09/95
31.50	F		Kolibaba, Diana	East Orange Dual M	05/09/95
31.60	F		Gidich, Kathy	East Orange Dual M	05/09/95
31.80	F		Whitman, Amy	Weequahic Dual Mee	04/06/95
31.90	F		Labriola, Lisa	Phillipsburg Dual	03/25/95
31.90	F		Rodriguez, Nicole	Columbia Dual Meet	05/02/95
#3 400 Meter Dash Girls					
59.40	F		Quaintance, Samaria	Dick Fahey Frosh-S	05/23/95
1:01.60	F		Smorra, Janice	Iron Hills Confere	05/12/95
1:05.10	F		Friedman, Laura	East Orange Dual M	05/09/95
1:08.00	F		Goldman, Leah	Phillipsburg Dual	03/25/95
1:08.20	F		Fernandez, Carolina	Columbia Dual Meet	05/02/95
1:09.50	F		Vignoli, Cheryl	Livingston Dual Me	04/25/95
1:10.80	F		Whitman, Amy	East Orange Dual M	05/09/95
1:12.00	F		Gidich, Kathy	East Orange Dual M	05/09/95
1:12.20	F		Labriola, Lisa	Morristown-West Mo	04/11/95
1:13.20	F		Kolibaba, Diana	East Orange Dual M	05/09/95
1:15.30	F		Finocchi, Michelle	Mount St. Dominic	04/18/95
1:20.00	F		Kachelriess, Kate	Phillipsburg Dual	03/25/95
#4 800 Meter Run Girls					
2:25.70	F		Smorra, Janice	Morris County Cham	05/17/95
2:39.90	F		Smorra, Carleen	Dick Fahey Frosh-S	05/23/95
2:40.70	F		Goglas, Laura	Pope John Dual Mee	03/31/95
2:43.00	F		Burke, Kelly	Mount St. Dominic	04/18/95
2:46.00	F		McPhee, Cari	Phillipsburg Dual	03/25/95
2:46.90	F		Kinder, Kim	East Orange Dual M	05/09/95
2:49.00	F		Sisco, Jesse	Dick Fahey Frosh-S	05/23/95
2:56.60	F		Kolibaba, Diana	Morristown-West Mo	04/11/95
#5 1,600 Meter Run Girls					
5:40.80	F		Goglas, Laura	Morris Knolls-Roxb	04/20/95
5:54.40	F		McPhee, Cari	Mount St. Dominic	04/18/95
5:57.80	F		Kinder, Kim	Morris Knolls-Roxb	04/20/95
6:06.00	F		Burke, Kelly	Iron Hills Confere	05/12/95
#6 3,200 Meter Run Girls					
12:22.00	F		Goglas, Laura	Morris Knolls-Roxb	04/20/95
12:32.90	F		McPhee, Cari	Morristown-West Mo	04/11/95
13:30.00	F		Kinder, Kim	Morris Knolls-Roxb	04/20/95

14:20.20 F	Fernandez, Carolina	East Orange Dual M 05/09/95
#8 400 Meter Low Hurdles Girls		
1:12.30 F	Miller, Lisa	Columbia Dual Meet 05/02/95
1:12.70 F	Smorra, Carleen	Morris County Rela 05/06/95
1:15.50 F	Goldman, Leah	Dick Fahey Frosh-S 05/23/95
1:16.90 F	Labriola, Lisa	Mount St. Domonic 04/18/95
1:20.30 F	Fernandez, Carolina	Columbia Dual Meet 05/02/95
1:23.00 F	Vignoli, Cheryl	Pope John Dual Mee 03/31/95
1:25.20 F	Whitman, Amy	Morris Knolls-Roxb 04/20/95
1:28.00 F	Finocchi, Michelle	Pope John Dual Mee 03/31/95

#7 100 Meter High Hurdles Girls

16.50 F	Miller, Lisa	Columbia Dual Meet	05/02/95
16.90 F	Robinson, Lisa	Columbia Dual Meet	05/02/95
17.50 F	Rodriguez, Nicole	Columbia Dual Meet	05/02/95
18.50 F	Dejesus, Janice	Columbia Dual Meet	05/02/95
19.40 F	Andrei, Dani	Pope John Dual Mee	03/31/95
20.30 F	Howes, Lauren	East Orange Dual M	05/09/95

#9 High Jump Girls

5'02.00" F	Waters, Lauren	Columbia Dual Meet	05/02/95
4'10.00" F	Howes, Lauren	East Orange Dual M	05/09/95
4'08.00" F	Robinson, Lisa	East Orange Dual M	05/09/95
4'02.00" F	Finocchi, Michelle	Phillipsburg Dual	03/25/95

#10 Long Jump Girls

16'08.00" F	Waters, Lauren	Iron Hills Confere	05/12/95
15'02.00" F	Robinson, Lisa	Morris County Rela	05/06/95
14'10.00" F	Friedman, Laura	State Sectional Ch	05/27/95
13'10.00" F	Quaintance, Samaria	Weequahic Dual Mee	04/06/95
13'09.00" F	Miller, Lisa	Columbia Dual Meet	05/02/95
13'06.50" F	Kachelriess, Kate	Randolph Frosh-Sop	05/15/95
13'03.00" F	Finocchi, Michelle	Dick Fahey Frosh-S	05/23/95
13'02.00" F	Fernandez, Carolina	Columbia Dual Meet	05/02/95
11'02.00" F	Smorra, Carleen	Pope John Dual Mee	03/31/95
11'01.00" F	Rodriguez, Nicole	Pope John Dual Mee	03/31/95

#11 Shot Put Girls

35'04.00" F	Walker, Dawn	Morris County Cham	05/17/95
33'10.00" F	Coss, April	Livingston Dual Me	04/25/95
29'09.50" F	Quinnan, Laura	Randolph Relays	04/29/95
27'06.00" F	Palermo, Laura	Livingston Dual Me	04/25/95
25'11.00" F	Robinson, Lisa	Pope John Dual Mee	03/31/95
23'03.50" F	Miller, Lisa	Randolph Frosh-Sop	05/15/95

#12 Discus Throw Girls

113'06.00" F	Coss, April	State Sectional Ch	05/27/95
107'00.00" F	Quinnan, Laura	Iron Hills Confere	05/12/95
103'00.00" F	Walker, Dawn	Iron Hills Confere	05/12/95
95'06.00" F	Robinson, Lisa	Mount St. Domonic	04/18/95
69'07.00" F	Palermo, Laura	Dick Fahey Frosh-S	05/23/95

#13 Javelin Throw Girls

123'01.00" F	Robinson, Lisa	Iron Hills Confere	05/12/95
115'07.00" F	Coss, April	Iron Hills Confere	05/12/95
85'03.00" F	Palermo, Laura	Randolph Frosh-Sop	05/15/95
79'11.00" F	Quinnan, Laura	Randolph Relays	04/29/95
73'04.00" F	Miller, Lisa	Randolph Frosh-Sop	05/15/95
52'03.00" F	Walker, Dawn	Phillipsburg Dual	03/25/95

**RANDOLPH GIRLS SPRING TRACK
1995 TOP TIMES RELAY SPLITS**

Mark R	Wind/Conv	Athlete/Relay	Meet	Date
#22 100 Meter Dash 100SPLIT Girls				
12.30 F		Waters, Lauren	Morris County Rela	05/06/95
12.60 F		Friedman, Laura	Randolph Relays	04/29/95
12.80 F		Andrei, Dani	Randolph Relays	04/29/95
13.50 F		Goldman, Leah	Randolph Frosh-Sop	05/15/95
13.60 F		Vignoli, Cheryl	Randolph Relays	04/29/95
13.80 F		Smorra, Janice	Randolph Relays	04/29/95
13.80 F		Howes, Lauren	Randolph Relays	04/29/95
13.80 F		Labriola, Lisa	Randolph Frosh-Sop	05/15/95
14.10 F		Kachelriess, Kate	Randolph Frosh-Sop	05/15/95
14.20 F		Dejesus, Janice	Randolph Relays	04/29/95
14.20 F		Miller, Lisa	Randolph Frosh-Sop	05/15/95
14.40 F		Gidich, Kathy	Randolph Relays	04/29/95
14.40 F		Finocchi, Michelle	Randolph Frosh-Sop	05/15/95
14.80 F		Rodriguez, Nicole	Randolph Frosh-Sop	05/15/95
14.90 F		Fernandez, Carolina	Randolph Relays	04/29/95
15.40 F		Whitman, Amy	Randolph Relays	04/29/95
#23 200 Meter Dash 200SPLIT Girls				
26.60 F		Waters, Lauren	Randolph Relays	04/29/95
26.90 F		Friedman, Laura	Randolph Relays	04/29/95

27.80 F	Andrei, Dani	Livingston Relays	04/22/95
27.80 F	Smorra, Janice	Randolph Relays	04/29/95
29.60 F	Miller, Lisa	Livingston Relays	04/22/95
29.60 F	Labriola, Lisa	Randolph Relays	04/29/95
29.90 F	Dejesus, Janice	Randolph Relays	04/29/95
29.90 F	Vignoli, Cheryl	Randolph Relays	04/29/95
30.00 F	Fernandez, Carolina	Randolph Relays	04/29/95
30.10 F	Whitman, Amy	Livingston Relays	04/22/95
30.40 F	Howes, Lauren	Randolph Relays	04/29/95
31.90 F	Kolibaba, Diana	Livingston Relays	04/22/95
32.40 F	Gidich, Kathy	Livingston Relays	04/22/95
#24 400 Meter Dash 400SPLIT Girls			
58.70 F	Quaintance, Samaria	Morris County Cham	05/17/95
1:01.60 F	Smorra, Janice	Columbia Dual Meet	05/02/95
1:02.60 F	Friedman, Laura	Randolph Frosh-Sop	05/15/95
1:04.50 F	Goldman, Leah	State Sectional Ch	05/27/95
1:07.20 F	Howes, Lauren	Randolph Frosh-Sop	05/15/95
1:08.10 F	Smorra, Carleen	Livingston Relays	04/22/95
1:08.50 F	Miller, Lisa	Randolph Frosh-Sop	05/15/95
1:08.90 F	Labriola, Lisa	Mount St. Domonic	04/18/95
1:09.40 F	Dejesus, Janice	Randolph Frosh-Sop	05/15/95
1:09.60 F	Whitman, Amy	Randolph Relays	04/29/95
1:10.00 F	Vignoli, Cheryl	Columbia Dual Meet	05/02/95
1:10.50 F	Fernandez, Carolina	Randolph Relays	04/29/95
1:11.30 F	Waters, Lauren	East Orange Dual M	05/09/95
1:11.40 F	Finocchi, Michelle	Randolph Relays	04/29/95
1:12.20 F	Gidich, Kathy	Randolph Relays	04/29/95
1:12.40 F	McPhee, Cari	Livingston Dual Me	04/25/95
1:13.00 F	Kinder, Kim	Livingston Relays	04/22/95
1:14.50 F	Burke, Kelly	Livingston Dual Me	04/25/95
1:14.70 F	Kolibaba, Diana	Livingston Relays	04/22/95
1:15.60 F	Rodriguez, Nicole	Weequahic Dual Mee	04/06/95
1:17.80 F	Kachelriess, Kate	Randolph Relays	04/29/95
1:18.30 F	Goglas, Laura	Livingston Dual Me	04/25/95
#25 800 Meter Run 800SPLIT Girls			
2:29.00 F	Quaintance, Samaria	Randolph Frosh-Sop	05/15/95
2:34.00 F	Smorra, Janice	Livingston Relays	04/22/95
2:35.00 F	Goglas, Laura	Livingston Relays	04/22/95
2:38.00 F	Smorra, Carleen	Morris County Rela	05/06/95
2:41.00 F	Burke, Kelly	Morris County Rela	05/06/95
2:44.00 F	Kinder, Kim	Livingston Relays	04/22/95
2:52.00 F	Sisco, Jesse	Randolph Frosh-Sop	05/15/95
2:54.00 F	McPhee, Cari	Randolph Relays	04/29/95
#26 1,200 Meter Run 1200SPIT Girls			
4:22.00 F	McPhee, Cari	Livingston Relays	04/22/95
#27 1,600 Meter Run 1600SPIT Girls			
5:42.00 F	Goglas, Laura	Morris County Rela	05/06/95
6:00.00 F	McPhee, Cari	Morris County Rela	05/06/95
6:07.00 F	Burke, Kelly	Morris County Rela	05/06/95
6:10.00 F	Kinder, Kim	Morris County Rela	05/06/95
#28 100 Meter High Hurdles 100SPLIT Girls			
17.50 F	Rodriguez, Nicole	Randolph Relays	04/29/95
17.70 F	Miller, Lisa	Randolph Relays	04/29/95
17.80 F	Robinson, Lisa	Morris County Rela	05/06/95
18.80 F	Dejesus, Janice	Randolph Relays	04/29/95