

# RANDOLPH GIRLS SPRING TRACK 2014

## RUNNING RELAY RECORDS:

### 4 x 100m

Dina Tobin  
Wanda Golan 1983 48.4 (County Record: 48.4 HT)  
Diane Hayes  
Tanya Smolin

### 4 x 100m

Samantha Kral  
Michelle Kusik 2010 49.29 (County Record FAT)  
Kara Scheideler  
Lynn Petrella

### 4 x 200m

Samantha Kral  
Michelle Kusik 2010 1:44.2 (1:44.45 FAT)  
Kara Scheideler  
Lynn Petrella

### 4 x 400m

Laura Going  
Kimberly Standridge 2004 3:54.1 (County Record: 3:54.36 FAT)  
Alexi Capsouras  
Pari Hashemi

### 4 x 800m

Molly Higgins  
Tori Kiss 2010 9:06.7 (9:06.92 FAT)  
Natalie Anthony  
Joelle Amaral

### 4 x 1600m

Samantha Jones  
Molly Higgins 2010 20:15.2 (20:15.41 FAT)  
Natalie Anthony  
Joelle Amaral

### 4 x 1 Mile

Samantha Jones  
Molly Higgins 2010 20:22.4 (20:22.61 FAT)  
Natalie Anthony  
Joelle Amaral

### 4 x 100m Hurdles

Elly Scherer  
Hanna Stepan 2013 63.00 (County Record: 63.23FA)  
Aliyah Huland El  
Samantha Kral

### 3 x 400m Hurdles

Amy Strenk  
Alexi Capsouras 2005 3:19.4 (3:19.59 FAT)  
Pari Hashemi

### Sprint Medley

Sara Gabet  
Joelle Gabet 2007 4:06.9 (County Record: 4:07.13 FAT)  
Molly Higgins  
Kimberly Standridge

### Distance Medley

Molly Higgins  
Michelle Kusik 2010 11:54.9 (11:55.13 FAT)  
Tori Kiss  
Joelle Amaral

## FIELD EVENT RELAYS

### High Jump Relay

Tanya Smolin, Wanda Golan, Diane Hayes 1983 15-4

### Long Jump Relay

Lynn Petrella, Michelle Kusik, Samantha Kral 2010 48-0 ½

### Pole Vault Relay

Kim Logoyda, Jessica Knierim, Hanna Schekmann 2008 27-0

### Triple Jump Relay

Aliyah Huland El, Katja Brackelmanns, Hanna Stepan 2012 94-5 ¾

## FIELD EVENT RELAYS

### **Shot Put Relay**

Lisbeth Lopez, Aliyah Huland El, Solveig Loeken	2012	104 8 <sup>3</sup> / <sub>4</sub>
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### **Discus Relay**

Jody Arends, Patricia Steffens, Laura Palermo	1999	309-8
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### **Javelin Relay**

Solveig Loeken, Samantha Kral, Samantha Jones	2011	288-0
Rena Antanelis, Gayle Roden, Tracy Zuccolo	1980	317-8